

WORK EXPERIENCE

- 8/1/17 – Present **Drake University – Assistant Athletic Trainer**
1421 27th St. Des Moines, Iowa 50311
- Athletic Trainer for Men’s Basketball team
 - Supervise coverage of Cheerleading and Men’s and Women’s Tennis
- 5/14 - Present **The Athletic Training Room - Owner**
2785 North Ankeny Blvd., Suite #17, Ankeny, IA 50023
- Injury treatment and post-operative rehabilitation in clinic
 - Incorporation of injury prevention programs and functional assessments
 - Director of Rehabilitative Services
 - CPR/AED First Aid Instructor
 - Director of Sports Medicine
 - Iowa Soccer Association
 - Iowa AAU Wrestling
- 8/16 – Present **Des Moines Area Community College - Adjunct Professor**
1420 South Bell Avenue, Ames, IA 50010
- Introduction to Athletic Training – PET 110
 - Physical Fitness and Conditioning – PEA 144
 - Coaching Authorization – Basic Athletic Training
- 8/16 – 12/16 **Simpson College - Adjunct Professor**
701 North C Street, Indianola, Iowa 50125
- Essentials of Strength and Conditioning – SPSC 235
- 8/13 – 5/14 **Iowa State University – Graduate Teaching Assistant**
- Instructed prospective athletic training students
 - Incorporated lecture and supervised skills development
- 7/12 – 5/14 **Iowa State University Football Team – Graduate Assistant**
- Oversaw and taught undergraduate students clinical skills
 - Wrote and implemented rehabilitation protocols for injured athletes

EDUCATION

- 2018 **Temple University**
Doctorate of Athletic Training – Anticipated Graduation Date – Summer 2020
- 2014 **Iowa State University** **Overall GPA: 3.97**
M.Ed. Master in Education - Emphasis on Higher Education
- 2012 **University of Iowa** **Overall GPA: 3.28**
Bachelor of Science - Athletic Training
Bachelor of Art - Health and Sports Studies, Psychology Specialization

CERTIFICATION AND LICENSURES

- 7/15 – Present American Red Cross CPR/AED/First Aid Instructor
- 5/12 – Present Certified Athletic Trainer
- 5/12 – Present State of Iowa Licensed Athletic Trainer
- 5/10 – Present CPR/AED for the Professional Rescuer

VOLUNTEER POSITIONS

- Iowa Athletic Trainer’s Society**
- Executive Committee - Secretary/Annual Meeting Committee Member
- Mid-American Athletic Trainers’ Society**
- Honors and Awards Committee Member