

Treating the Challenging Foot and Ankle

Tamera Gawtry, PT, DPT

Multi-Site Manager

Presentation Learning Objectives

At the end of this presentation, attendees will be able to

1. Identify and differentiate some common misdiagnoses.
2. Learn treatment techniques for the "missed" diagnoses.
3. Learn manipulation and mobilization techniques of the foot and ankle.
4. Learn problem-solving through footwear adaptations.

Tami Gawtry was raised outside of Waterloo in the small town of Gilbertville, IA. In her down time, she enjoys fitness, being outdoors with her kids and dogs and home makeover projects. She has been a PT for 14 years, with much of her experience being in the foot and ankle and related gait biomechanics. As a former softball and volleyball athlete, Tami also has a niche for treating the shoulder and working with overhead athletes. Tami understands an injury does not just affect one body part and treats the whole body when addressing an injury. Her main goal every day is to make a difference in someone's life.