

Vestibular and Vision Integration in Concussion Management for Athletic Trainers

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Physical Therapist

Presentation Learning Objectives

At the end of this presentation, attendees will be able to

1. Identify vestibular and visual deficits for treatment.
2. Improve treatment for vestibular and visual dysfunction.
3. Appropriate referral to concussion rehabilitation program.
4. Improve ATC and family identification of good concussion programs.

Lisa Brekke graduated from Sacred Heart University with her Doctorate in Physical Therapy. She works at Kinetic Edge Physical Therapy in Des Moines, IA. She specifically treats vestibular disorders, concussions, and migraine management. She enjoys collaborative care and works closely with different providers to provide optimal care for her patients. She is a member of the American Physical Therapy Association (APTA) and is a member of Academy of Neurology (ANPT) and the State Chapter of Iowa. She is actively involved in the ANPT Vestibular SIG. She completed the Emory Competency-based course that is co-sponsored by the APTA. She has both level 1 and 2 certifications in dry needling.