

CARTER TRAGER

318 NW Pike Cir. Waukee, IA 50263 · 515-681-5118

Ctrag10@gmail.com

Physical Therapist for Select Physical Therapy. Team Physical Therapist for Drake University Bulldogs and West Des Moines Valley Tigers. I have a passion for working with athletes and getting them back to competition as quickly as possible. I also enjoy working with other post-surgical patients and getting them back to work or their daily lives, by using current concepts in evidence based practice.

EXPERIENCE

OCT 2020 – PRESENT

STAFF PHYSICAL THERAPIST, SELECT PHYSICAL THERAPY

Provide evaluative services along with skilled treatment interventions to both post-operative injuries and non-operative injuries.

OCT 2020 – PRESENT

WDM VALLEY TEAM PT, SELECT PHYSICAL THERAPY

Serve as Team PT for WDM Valley High school by providing evaluative services and skilled treatment interventions to both post-operative and non-operative injuries. Attend sporting events and assist with sideline coverage as needed.

AUG 2021 – PRESENT

DRAKE UNIVERSITY TEAM PT, SELECT PHYSICAL THERAPY

Serve as team PT for Drake University by providing evaluative services and skilled treatment interventions to both post-operative and non-operative injuries.

EDUCATION

MAY 2020

DOCTORATE OF PHYSICAL THERAPY (DPT), CLARKE UNIVERSITY

MAY 2017

BA HEALTH AND EXERCISE SCIENCE, CENTRAL COLLEGE

SKILLS

- FIRST AID/CPR
- SPORTS MEDICINE
- EVALUATIVE SERVICES
- REHABILITATIVE SERVICES
- RETURN TO PLAY TESTING
- POST-OPERATIVE CARE
- DORSAVI TESTING
- OVERHEAD ATHLETES
- THROWING MECHANICS
- RETURN TO PLAY TESTING

