

Throwing Biomechanics and Management of Overhead Athletes

Carter Trager, DPT

Carter is a Physical Therapy located in Des Moines, IA. Carter has a passion for working with athletes both non-surgical and surgical. Carter is entering his third year as the team PT for the Drake Bulldogs and entering his fourth year as the team PT for the West Des Moines Valley Tigers. As a former baseball player, Carter has enjoyed working with overhead athletes. When Carter isn't working with athletes he enjoys spending time with his family and being outside. Carter is an avid sports fan and loves to golf in his spare time. Carter's favorite part about working with athletes is getting them back to their respected sports as quickly as possible.