

Dr. Shannon Bauman, MD
Sports Medicine Physician
Sports Injury and Concussion Clinic—RexPlex
Medical Director of Concussion North
BS, BScN, MD, CCFP (SEM), Dip. Sport Med.

Dr. Bauman is a sports medicine physician new to the Des Moines area. She started an independent sports injury and concussion clinic in the DMU Physical therapy clinic at the MidAmerican Energy RecPlex in West Des Moines.

She graduated from medical school at McMaster University and completed a specialty in Family Medicine from Queen's University and a fellowship in Sports & Exercise Medicine at McMaster University. Dr. Bauman has hospital privileges with the Royal Victoria Hospital and is on faculty with the University of Toronto Dept. of Family Medicine.

Dr. Bauman has been caring for athletes of all levels for the last 15 years--from recreational to professional and national level competitors. She was a Team Physician for the World Cup Sledge Hockey 2009, 2010 Vancouver Olympics Men's Sledge Hockey, and Team Canada Senior Women's Lacrosse World Cup.

Dr. Bauman is the Medical Director and founder of Concussion North-- a Physician led inter-disciplinary team based clinic specializing in sports injuries and sports related concussions in Barrie, ON. She is an Expert Advisor on concussions to the Federal government of Canada. She is also an advisor to Parachute Canada and the Ontario Neurotrauma Foundation ABI and Provincial Standards committees. Dr. Bauman has co-authored the "Canadian Guidelines on Concussion in Sport" and has developed sports specific protocols for our Canadian National Sport Organizations through Parachute Canada. She has also co-authored Ontario Neurotrauma Guidelines for Pediatric; Adult with Persistent Symptoms; and Provincial Standards for Concussions.

Dr. Bauman's has presented research on "Sex Differences and Persistent symptoms in Sport Related Concussions" in Amsterdam, Berlin, Germany, Split, Croatia, Washington, DC, Victoria, BC, and Toronto, ON. Her work has been featured in Health Magazine, NY Magazine, Sports Illustrated, on CBC News, on multiple pod-casts, and published in internationally recognized journals.