

ACL Reconstruction Surgery in a Professional Ice Hockey Player

- Identify and discuss the important points of an Athletic Trainer after ACL Reconstruction.
- Identify the positions of the lower extremities during biomechanical failure.
- Discussion of the referral process and insurance responsibilities with Worker's Compensation.
- Discuss early onset "prehab" and rehabilitation.
- Discuss decision making leading to permission of athlete to return to skating.
- Early Skating ques and advancement/summer programming.

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Daniel Barker joined the Iowa Wild after three seasons as Head Athletic Trainer for the ECHL's Wheeling Nailers and Assistant Athletic Trainer for the team before that. Before joining the pro hockey ranks, the Wheeling, W.Va. native served as the first Head Football Athletic Trainer in program history for Wheeling Jesuit University from 2018 to 2019, which is also his alma mater. Barker is a certified athletic trainer, nationally registered EMT, Performance Enhancement Specialist, Certified Orthopedic Extender, among other certifications and credentials. He received his Master of Science degree from California University of Pennsylvania in 2018 and graduated Salutatorian of his class at Wheeling Jesuit University in 2017.