

JORDAN A. ANDERSON, MS, LAT, ATC

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Education:

Masters in Athletic Training

Illinois State University; Normal, Illinois
Graduation Date: May 15, 2013

Bachelors in Science in Kinesiology with emphasis in Athletic Training

Northern Illinois University; DeKalb, Illinois
Graduation Date: May 15, 2011; Cum Laude

Professional Experience:

Certified Athletic Trainer, NorthShore University HealthSystem; October 2019-Present

- Assist primary care sports physician with all clinical responsibilities.
- Assist in overseeing and performing NorthShore Sports Performance duties.
- Assist in developing and implementing an annual sports medicine symposium.
- Assist in many departmental improvement projects.

Certified Athletic Trainer, New Trier Township High School; June 2013-October 2019

- Provided athletic training services to over 3,000+ high school athletes.
- Serve as co-sponsor of the sports medicine club.

Graduate Assistant Athletic Trainer, Illinois State University, Normal, IL; May 2011-May 2013

- Graduate assistant athletic trainer with Division I-AA football
- Graduate assistant athletic trainer with Division I Men's and Women's Tennis

Medical Coordinator, Brock Spack Football Camps

- Served as medical coordinator for 6 Brock Spack Football Camps in June and July of 2011 and again in June and July of 2012.
- Organized and provided medical care to over 600 high school athletes.
- Recruited and directed responsibilities of other certified athletic trainers at the camps

Certified Athletic Trainer, Illinois High School Association; May 2011-May 2013

- Certified athletic trainer for various IHSA events including: Cheerleading, Girls' Basketball, Volleyball, and Wrestling Dual Team State Finals.

Athletic Training Student Intern, Northwestern University, Evanston, IL; January 2011- April 2011

Worked primarily with Football but assisted with several other sports

- Obtained more than 300 hours of clinical experience in the prevention of athletic injuries, taping, evaluation, rehabilitation, and administrative responsibilities.

Chicago Marathon First Responder Volunteer, 2008, 2010, 2013

Activities, Honors, and Professional Activities:

Illinois Athletic Trainers Association (IATA) Past-President, November 2022- Present

- Assist with presidential transition
- Oversee all elections and election processes
- Provide guidance to maintain clear goals and achieve strategic plan goals

Sidelined USA, Co-Vice Chairman of the Board of Directors January 2018- Present

- Written resource articles for website
- Assist with physician outreach
- Assist with athletic trainer outreach
- Assist with pitch materials
- Serve as NATA liaison to Sidelined USA

IATA President, November 2020-November 2022

- Oversee all IATA BOD positions and committees
- Lead strategic plan goal completion
- Oversee all IATA meetings
- Appoint IATA BOD positions per IATA By-laws

IATA President-Elect, November 2019-November 2020

- Elected to position by IATA membership
- Oversee IATA BOD position nominations and elections
- Assist in special projects as designated by BOD
- BOD liaison to ATsCare committee

IATA Vice President, November 2016-November 2019

- Elected to position by IATA membership
- Responsible for annual state meeting planning and execution
- Chair honors and awards committee
- Oversee projects as designated by IATA President

IATA Membership Director, November 2014-November 2016

- Elected to position by IATA membership
- Used member data to fill committee needs
- Worked to gain new members in Illinois
- Performed other tasks as designated by IATA President.

IATA Secondary Schools Committee, Member; November 2014-Present

- Assists with all projects to better the practice of athletic trainers in the secondary schools setting.
- Serve as liaison for the secondary schools committee to the board of directors

IATA Young Professional's Committee, Chairperson; November 2013-February 2015

- Served as chairperson for 4-person committee.
- Coordinated conference calls and all other communications.
- Coordinated undergraduate ATEP presentations.
- Worked with other IATA committees to host CEU events.
- Generated quarterly newsletter for young professionals.

Northern Illinois University Outstanding Alumni Award in Athletic Training 2019

Publications and Research Projects:

- **7 Keys to Supporting a Sidelined Athlete Battling Depression;** Sidelined USA Resources 2018
- **Becoming Sidelined: Signs & Symptoms of Depression;** Sidelined USA Resources 2018
- **Becoming Sidelined: Finding Your Voice in the Aftermath; Co-Author** Sidelined USA Resources; 2018
- **Becoming Sidelined: Common and Uncommon Causes;** Sidelined USA Resources; 2018
- **The Effect of Orthoses on Plantar Fasciitis and Heel Pain;** Journal of Sports Rehabilitation; 2013
- **Undergraduate Athletic Training Students' Perceptions and Participation in Physical Activity;** Journal of Athletic Training; 2015

- **Anatomical Adaptations in Barefoot and Minimal Runners;** Thesis Project

Presentations:

- NATA, Annual symposium June 2022
-Sideline: Helping Athletes Adapt and Thrive after Medically Forced Exit from Sport
- Chicago Sports Medicine Society annual meeting 2022
-Improved Patient Care of the Permanently Sidelined Athlete.
- American College of Sports Medicine; annual seminar; 2021
-Improved Patient Care of the Permanently Sidelined Athlete.
- GLATA Annual Meeting; 2021
-Improved Patient Care of the Permanently Sidelined Athlete.
- NATA Webinar; Currently available
-Considerations for athletic trainers for sidelined athletes during COVID-19
- Northwestern Medical System Sports Medicine Seminar; June 2020 -Improved Patient Care of the Permanently Sidelined Athlete
- Northwestern University Performance Summit; May 2020
-Improved Patient Care of the Permanently Sidelined Athlete
- NATA ICSM summit 2019
-Improved Patient Care of the Permanently Sidelined Athlete.
- Roger Kalisiak Lecture Series; May 2019
-Highways and the Roads Less Traveled; Involvement in Athletic Training
- NATA State Leadership Forum; June 2018
-Filling the Gaps: Recruitment and Retaining Strategies for State Leadership.
- Illinois Athletic Trainers Association Annual Symposium; November 2017
-EBP-Psychological Concerns in the Secondary School Athlete: A review of NATA consensus statements
- Central Suburban League Fall 2017 Seminar; November 2017
-EBP-Psychological Concerns in the Secondary School Athlete: A review of NATA consensus statements
- North Park University; November 2016
-Psychological Concerns in the Secondary School Athlete: A review of NATA consensus statements
- Great Lakes Athletic Trainers Association (GLATA) Annual Symposium; March 2015
-Transitioning into a Young Professional
- North Park University; November 2014, January 2015
-Transitioning into a Young Professional
- Great Lakes Athletic Trainers Association (GLATA) Annual Symposium; March 2014
-Professional Interview Do's and Don'ts Roundtable

Professional Contributions:

- Successfully Lobbied and updated the Illinois Practice act for Athletic Trainers for the first time in 20+ years in 2022. Significantly improving the profession of athletic trainer in Illinois
- Coordinated the updating and passage of amended IATA by-laws and policies/procedures
- Illinois Athletic Trainers Association E-Blasts (Various Months; 2014-2020)
- Secondary School Committee newsletter article (Manual Therapy; Fall 2015)
- Updated State Legislative Roster (lead team that researched and recorded every member's legislator in the state of Illinois)

- Written and contributed several new and updated policies within the Illinois Athletic Trainer's Association.
- Updated methods of categorizing members in the state membership directory
- Worked to update IATA BOC provider's manual with new BOC standards.
- Lead charge to begin regionally based CEU events in Illinois.
- Worked within IATA leadership to spearhead a PR project which concluded with an advertisement for the IATA in the 2017 Annual Chicago Cubs Yearbook. Creating thousands of exposures and prompting several other state and district AT associations to investigate the same thing.
- Attended 2016 NATA Capitol Hill Day event and maintained legislative contacts.
- Worked to update IATA scholarship descriptions and application process.
- Chaired the 2017,2018, 2019IATA state meeting planning committee.

Certifications & Memberships: CPR Certified (8/2022, First Responder Training (8/2022), Approved Clinical Instructor (Preceptor), BOC certified since May 2011 (#2000006404), Licensed in the state of Illinois (#096.003162), NATA, GLATA, IATA member since September 2008, Graston Technique® Certified (M-1), National Provider Identification number (#1811261082)