
Jennifer J. Rogers, PhD, ATC, LAT

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EDUCATION

May 2009 – December 2014	Rocky Mountain University of Health Professionals; Provo, UT; PhD in Athletic Training
August 1996-May 2000	University of Kansas; Lawrence, KS 66045; MS degree in Education Biomechanics and Sport Psychology emphasis
September 1991-May 1996	Briar Cliff College; Sioux City, IA 51104; BA degree in Psychology and Human Resource Management

MEMBERSHIPS and CERTIFICATIONS

National Athletic Trainers Association Membership (NATA) 1997-current
Mid-America Athletic Trainers Association Membership (MAATA) - current
Iowa Athletic Trainers Society Membership (IATS) - current

BOC for Athletic Trainer (June 7, 1998-current) - 069802457
State of Iowa Board of Examiners Licensure (current) - 00160
National Provider Identifier (NPI) Number - 1174574131
American Heart Association Instructor Certification (BLS, Heartsaver, First Aid)
Functional Movement Screen (FMS) – Level 1 Certification

ACADEMIC RESPONSIBILITIES

Summer 2019 - present	AT 4075: Medical Emergency
Spring 2019 University of Iowa	ATEP 3030: Practicum in AT 3 ATEP 4188: Practicum in AT 5
Fall 2018 University of Iowa	ATEP 3030: Practicum in AT 3 ATEP 4010: Administration in Athletic Training ATEP 4187: Practicum in AT 4
2007 -2011, 2015-2018	Assessment Committee, Northwestern College
Fall 2016, 2017	NWC Core – Kinesiology Department: Personal Wellness Course, Northwestern College
Every semester: 2012-2018	Practicum in Athletic Training (V & VI), Northwestern College
Every semester: 2008 - 2018	Prevention & Care of Athletic Injuries, Northwestern College
Every semester: 2003-2018	Recognition & Evaluation of Athletic Injuries, Northwestern College
Every other year: 2004-2018	Psychosocial Aspects of Sport, Northwestern College
Every other year: 2003-2018	Organization and Administration in Athletic Training, Northwestern College
2012 - 2017	On-line Advisory Workgroup, Northwestern College

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Curriculum Vita

PROFESSIONAL EXPERIENCE

- July 2018- current Coordinator of Clinical Education and Assistant Clinical Professor, University of Iowa, Iowa City, IA
- ❑ Administrative: responsible for all aspects of clinical coordination of the AT Program including but not limited to student's skill acquisition and assessment; clinical site development; and preceptor training and development.
 - ❑ Teaching: 3-4 courses per semester and 1-2 courses per summer as assigned by the Program Director. Undergraduate AT Courses: Clinical Practicum III, IV and V, Administration of Athletic Training, First aid and CPR for AT; and MSAT courses: Medical Emergencies, Clinical Experience 1-4, Psychosocial Interventions, and Administration in AT.
 - ❑ Service: Activities for the department, college, and university. Member of the university Inter-Professional Education (IPE) Committee representing AT.
- August 2003- June 2018 Athletic Training Program Director, Northwestern College, Orange City, IA
- ❑ Developed and attained accreditation status for the first athletic training (AT) program.
 - ❑ Implemented improvements to the AT program and maintain CAATE accreditation status.
 - ❑ Created and implemented assessment plan for the AT program.
 - ❑ Supervised curriculum instructors and mentor preceptors within the AT Program.
 - ❑ Student academic advisor (average of 30+ advisees).
 - ❑ Facilitated and consulted honors and seniors with yearly research projects (see publications for titles).
 - ❑ Assisted the Clinical Education Coordinator with supervision of off campus field experiences.
 - ❑ Provided health care services for athletic population as well as athletic training facility functions, which include but not limited to: injury documentation, athletic training facility protocols, implementing policies/procedures, insurance documentation and daily communication with coaches and athletes; specifically: volleyball (2007-08, 2014-current) and cross-country & track/field (2003-06, 2009-13).
 - ❑ Preceptor: supervising and assisting in the instruction of athletic training students
 - ❑ Instructor for courses in the Kinesiology Department, primarily within the AT Program.
 - ❑ Faculty advisor for the Athletic Training Student Society (2011-current)
- August 2015-May 2018 Co-Director of Assessment, Northwestern College, Orange City, IA
- ❑ Reported to the Vice-President of Academic Affairs (VPAA) on the progress of campus-wide academic program assessment.
 - ❑ Spearheaded implementation of Blackboard Outcomes and EAC, both electronic assessment tools integrated into the institutions course management system.
 - ❑ Collaborated with colleagues on the creation and implementation of assessment plans, student learning outcomes, and usage of annual report information to improve academic programs.
 - ❑ Reviewed program assessment information, summarize and disseminate findings to the campus community, and make curricular and policy recommendations

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- August 2000-2003 Head Athletic Trainer, Northwestern College, Orange City, IA
- ❑ Developed injury prevention programs, assessment of acute and chronic injuries, treatments and referrals as warranted for injuries
 - Worked specifically with football, wrestling, men and women's basketball, softball, and baseball.
 - ❑ Supervised and coordinated health care services for 17 varsity and 2-3 junior varsity sports teams.
 - ❑ Collaborated with team physician to rehabilitate injured athletes and monitor their return to athletic activity.
 - ❑ Responsible for daily athletic training facility functions (which included but not limited to):
 - injury and illness documentation, athletic training facility protocols, implementing policies/procedures, insurance documentation, and daily communication with coaches and athletes.
 - ❑ Administrator for the athletic training program, which included budgeting, ordering and managing inventory.
 - ❑ Preceptor: supervised and assisted in the instruction of athletic training students.
 - ❑ Instructor for courses in the Kinesiology Department.

- August 1998-July 2000 Athletic Trainer; Center for Neuroscience, Orthopedic and Spine, P.C.
(CNO&S), Sioux City, Iowa 51104
- ❑ Assisted the Head Athletic Trainer at Northwestern College with providing health care for athletes of 17 sports.
 - ❑ Assisted with setting up appropriate programs for the prevention of: acute injury evaluations, referrals, treatments, rehabilitation and athletic training student education.
 - ❑ Outreach athletic trainer, assisted with providing health care for athletic competitions at five area high schools, which utilized the clinic's services as needed.

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SCHOLARSHIP

Presentations and Publications:

- Rogers, JJ.** Student Athlete Perceptions of Athletic Trainers' Competence Based on Appearance and Dress. *The Journal of Sports Medicine and Allied Health Sciences*. 2020; 5(3).
- Choquette RM, **Rogers JJ**, Sandbulte JA, Tindall KJ. The Effectiveness of Y-Balance Test as a Concussion Screening Tool. Poster presented at: Celebration of Research, April 12, 2018: Northwestern College, Orange City, Iowa and at 130th Iowa Academy of Science Annual Meeting, April 20, 2018: Buena Vista University, Storm Lake, Iowa.
- Becker J, Maneman R, Dinger S, **Rogers J.** The Effect of Non-Dominant Shoulder Exercises on Dominant Shoulder Range of Motion in Collegiate Volleyball Players. Poster presented at: Celebration of Research, April 12, 2018; Northwestern College, Orange City, Iowa and 130th Iowa Academy of Science Annual Meeting, April 20, 2018: Buena Vista University, Storm Lake, Iowa.
- Rogers, J.** Student athlete perceptions of athletic trainers' competence based on appearance and dress. Oral presentation at: MAATA Annual District 5 Spring Symposium; March 16, 2018; LaVista, NE.
- Wielenga S, Hengst D, Baird J, Gutierrez F, **Rogers J.** Efficacy of progressive muscle relaxation at reducing negative stress and anxiety in college athletes. Poster presented at: MAATA Annual District 5 Spring Symposium; March 18, 2017; LaVista, Nebraska.
- Bishop A, Stephens B, **Rogers J.** Kinematic changes in loaded backpack walking. Presented at: MAATA Annual District 5 Spring Symposium; March 21, 2015; Omaha, Nebraska.
- Rogers J,** Calsbeek D, Torres-McGehee T, Martin M, Cappaert T. *Student athlete perceptions of athletic trainers' competence based on appearance and dress* [dissertation]. Provo: Rocky Mountain University of Health Professions; 2014.
- Fry D, Moss D, VanderVeen M, **Rogers J.** Implementing self myofascial release techniques for athletes. Presented at: CNOS Foundation Sports Medicine Symposium; April 27, 2012; Sioux City, Iowa.
- Rogers J.** Evidence and protocols for IFC & TENS usage. Presented at: MAATA Annual District 5 Spring Symposium; March 17, 2012; Topeka, Kansas.
- Rogers J,** Martin M. Developing essential questions for athletic training education. *International Journal of Athletic Therapy & Training*. July 2011 2011;16(4):37-39.
- Earleywine S, Tjeerdsma N, **Rogers J.** Biomechanical corrections for running injury prevention. Presented at: MAATA Annual District 5 Spring Symposium; March 27, 2010; Columbia, Missouri.
- Folkerts L, Hibma K, Ochsner K, Olson A, **Rogers J.** Hamstring Injuries Part I: Risk factors and Part II: Strength and conditioning; Presented at: MAATA Annual District 5 Spring Symposium; March 28, 2009; Omaha, Nebraska.
- Schmidt A, Schwieger A, Taylor R, **Rogers J.** Case Study: Meniscus and osteochondral allograft transplantations in a collegiate wrestler; Presented at: MAATA Annual District 5 Spring Symposium; March 17, 2007; Topeka, Kansas.

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Jaacks J, Motivational pattern tendencies of student athletes [master thesis]. Lawrence: University of Kansas; 2000.

PROFESSIONAL INVOLVMENTS

Professional Service:

March, 2019 - present	IATS Treasurer
March 17, 2017	Terminal Degree Discussion (Panelist): MAATA Annual District 5 Symposium

Professional Development:

2018 - present	Annual Hawkeyes Sports Medicine Symposium
2001,2004, 2019 - present	IATS Summer Symposium
July 2021	Preseason Sports Medicine Sideline Management – University of Iowa
March 2021	Psychologically Informed Clinical Practice – NATA Modules
February 2021	Psychological Effects of COVID-19 on Adolescent/Secondary School Athletes – RMU of Health Professions
Summer 2020	71 st VNATA Clinical Symposia
February 2020	SEATA – District 9 Educators’ Conference
2005, 2013, 2015, 2017, 2019	NATA Athletic Training Educators’ Conference
2002-2013, 2015 – 2018	Mid-America Athletic Trainers’ Association’s (District 5) Annual Symposium
2016, 2017	Northwestern College Leadership Conference
2009 – 2019	Annual CNOS Foundation Sports Medicine Symposium, Sioux City, Iowa