

WORK EXPERIENCE

- 5/14 - Present **The Athletic Training Room – Owner/Athletic Trainer**
2785 North Ankeny Blvd., Suite #17, Ankeny, IA 50023
- Injury treatment and post-operative rehabilitation in clinic
 - Incorporation of injury prevention programs and functional assessments
 - Provide cash-based injury treatment and injury prevention programming
 - CPR/AED First Aid Instructor
 - Director of Sports Medicine, organize event medical coverage
 - USATF Outdoor National Championships
 - AAU Junior Olympics
 - Iowa Soccer Association
 - Iowa AAU Wrestling
- 8/1/17 – 8/3/2020 **Drake University – Assistant Athletic Trainer**
1421 27th St. Des Moines, Iowa 50311
- Athletic Trainer for Men’s and Women’s Tennis
 - Supervise coverage of Cheerleading
- 8/16 – Present **Des Moines Area Community College - Adjunct Professor**
1420 South Bell Avenue, Ames, IA 50010
- Introduction to Athletic Training – PET 110
 - Athletic Development and Human Growth – PEC 115
 - Coaching Authorization – Basic Athletic Training
- 8/16 – 12/16 **Simpson College - Adjunct Professor**
701 North C Street, Indianola, Iowa 50125
- Essentials of Strength and Conditioning – SPSC 235
- 8/13 – 5/14 **Iowa State University – Graduate Teaching Assistant**
- Instructed prospective athletic training students
 - Incorporated lecture and supervised skills development
- 7/12 – 5/14 **Iowa State University Football Team – Graduate Assistant**
- Oversaw and taught undergraduate students clinical skills
 - Wrote and implemented rehabilitation protocols for injured athletes

EDUCATION

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|------|---|--------------------------|
| 2020 | Temple University
Doctorate of Athletic Training | Overall GPA: 3.83 |
| 2014 | Iowa State University
M.Ed. Master in Education - Emphasis on Higher Education | Overall GPA: 3.97 |
| 2012 | University of Iowa
Bachelor of Science - Athletic Training
Bachelor of Arts - Health and Sports Studies, Psychology Specialization | Overall GPA: 3.28 |

CERTIFICATION AND LICENSURES

- 7/15 – Present American Red Cross CPR/AED/First Aid Instructor
- 5/12 – Present Certified Athletic Trainer
- 5/12 – Present State of Iowa Licensed Athletic Trainer
- 5/10 – Present CPR/AED for the Professional Rescuer

VOLUNTEER POSITIONS

- Iowa Athletic Trainer’s Society**
- Executive Committee - Secretary/Annual Meeting Committee Member
 - Student Presentation Review Committee
- National Athletic Trainers’ Society**
- COPA Committee Member – Private Practice and Emerging Settings